



Doncaster Council

**Doncaster
Health and Wellbeing Board**

Date: 11 January 2018

Subject: Self-Management Programme and Making Every Contact Count Training

Presented by: Dr Victor Joseph, Consultant in Public Health, Doncaster Council

Purpose of bringing this report to the Board	
Decision	X
Recommendation to Full Council	
Endorsement	X
Information	

Implications		Applicable Yes/No
DHWB Strategy Areas of Focus	Substance Misuse (Drugs and Alcohol)	Yes
	Mental Health	Yes
	Dementia	Yes
	Obesity	Yes
	Children and Families	Yes
Joint Strategic Needs Assessment		No
Finance		Yes
Legal		No
Equalities		Yes
Other Implications (please list)		

How will this contribute to improving health and wellbeing in Doncaster?
We want people to live independently and become less reliant on health care services by helping them to make better and more informed choices about their health and lifestyle. This will help to improve the health and wellbeing of the people of Doncaster and reduce health inequalities.

Recommendations
The Board is asked to:- <ol style="list-style-type: none"> 1. ENDORSE the face-to-face <i>Train the Trainer</i> programme for Making Every Contact Count in Doncaster across partner agencies; and 2. APPROVE the establishment of Self-Management Working Group in Doncaster.